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## Summer 2025

Learn more at [kelowna.ca/recreation](https://kelowna.ca/recreation)

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### Fitness + Health

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### Health Specialty Programs

*Move for Your Health and specialty programs for older adults and injury and illness recovery.*

[Cancer Exercise Program](#)  
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### Access Programs

Visit [kelowna.ca/adaptive](https://kelowna.ca/adaptive) to learn more about our programs tailored for all ages for people with cognitive & physical disabilities.

### Six + up / Teens

[Babysitting Certification](#)  
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Check out the

**2025**  
**Summer**  
**Camp Guide**



### Free Summer Events

Have a blast this summer at community events for the whole family including Park and Play, Dancing in the Park and Roller Nights. Learn more at [kelowna.ca/calendar](https://kelowna.ca/calendar)