

# Access Programs

## Summer 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Adaptive Camp for Kids</b> (Tues - Friday) 9:30 am - 12:30 pm July 2 - 4 34151      July 22 - 25 34152      Aug 5-8 34153				<b>Adventure Walks for Kids</b> 9:30 - 10:30 am 34049
<b>Outdoor Boccia</b> 10 - 10:45 am 33836	<b>Walking Club</b> 9 - 9:45 am 33844	<b>Outdoor Yard Games</b> 9:30 - 10:15 am 33835	<b>Outdoor Yard Games</b> 9:30 - 10:15 am 34050	<b>Adaptive Pickleball</b> 10 - 10:45 am 33816	
<b>Bingo Active</b> 11:15 am - 12:15 pm 33820	<b>Beginner Biking</b> 10:30 - 11:15 am Tricycle 33819 Trailer 33818	<b>Rough &amp; Tough Warriors</b> 10:30 - 11:30 am 33840	<b>Multi-Sport</b> 10:45 - 11:45 am 33834	<b>Bands, Balls and Balance</b> 11:30 am - 12:30 pm 33817	
<b>Bowling at Capri</b> 1:15 - 2:45 pm 33822 July 21 - Aug 18	<b>Intermediate Biking</b> 11:30 am - 12:30 pm Tricycle 33831 Trailer 33832	<b>Karaoke</b> 11:45 am - 12:30 pm 34060	<b>Gentle Yoga</b> 12:15 - 1:15 pm 34061	<b>Bocchia &amp; Indoor Curling</b> 1:30 - 2:15 pm 33821	
<b>Yogalicious</b> 1 - 2 pm 33847	<b>Everybody Dance Now</b> 11 - 11:45 am 33824	<b>Adaptive Floor Hockey</b> 1 - 2 pm 33813	<b>Drawing for Fun</b> 1:30 - 2:30 pm 34177	<b>Rockin' with Friends</b> 1:15 - 2:30 pm 34150	
<b>Wheelchair Sport for Children</b> 4:15 - 5:15 pm 34239	<b>Jump Around</b> 12:15 - 1 pm 33833	<b>Rockin' with Friends</b> 1:15 - 2:30 pm 34158		<b>Social Time, Games and Fun</b> (no instructor) 1 - 2:45 pm 33168	
	<b>Fitness Fusion</b> 1:15 - 2:15 pm 34136	<b>Social Time, Games and Fun</b> (no instructor) 12:30 - 2:15pm 33841		<b>Friday Night Dance</b> 7 - 9 pm July 25 & Aug 15 \$5 drop in	
		<b>Drawing for Fun</b> 12 - 1 pm 34178		<b>Friday Night Dance</b> Schedule is online at <a href="https://kelowna.ca/adaptive">kelowna.ca/adaptive</a>	
Click the program to register online, or click here to find out more about all adaptive program and financial assistance options.		<b>Access Family Celebration</b> for children with disabilities and their families 33664 July 9 5-7 pm		<b>Family Movie Night</b> Free for access members and their family and friends 7 - 9 pm July 18	
<a href="https://kelowna.ca/recreation">kelowna.ca/recreation</a>					