

**City of Kelowna – Active Living & Culture**  
**BEACH DOUBLES RULES**



**BALL HANDLING**

- Open hand tipping is a fault.
- Jumping to set the ball over the net is a fault.
- Setting with a long downwards motion, or if the length of the contact is of visible significance, it is a fault.
- The ball must be contacted simultaneously with both hands when setting or it is a fault.
- Athletes must have shoulders, hips & feet squared to their target when setting the ball over the net.
- 1st contact (serve receive, freeballs, downballs or balls lifted by the block/net):
  - Setting the first contact with the fingers is a fault.
  - Hands do not have to be touching or in fists, however, there must only be one attempt to play the ball.
  - Athletes are only allowed to set the first contact if it is a hard driven ball (excludes serves).
    - Hard Driven = Attack/Spike (no arc, considerable pace)

**BLOCKING**

- The block counts as a touch.
- Blockers that touch the ball while blocking are allowed to make the second contact.
- Athletes are allowed to break their wrists or change the direction of the ball as long as the ball is not caught or thrown.

**NET PLAY**

- Contact with the net or antenna during the action of playing a ball is a fault.
- The ball or gust of wind pushing the net into a player is not a fault.
- Athletes may cross under the net; however, if they interfere with the play, it is a fault.

**TIME OUTS & SWITCHING SIDES**

- Each team is allowed 1 sixty second time out per set.
- Teams switch sides of the court at the following times:
  - Games to 21 points = when the combined score adds to a multiple of 7.

**MATCH FORMAT**

- Best of 3 sets, 1 hour time limit from scheduled start time. Sets to 21 points.
- Pay attention to time remaining in match as set 3 may have to be shortened.
  - If unfinished, the team leading by 2 or more points at the end of the time limit will be the winner of that set.

**RESULT REPORTING**

- The winning team is responsible for reporting the match result to the appropriate Score Line (outlined on their schedule) within 48 hours of the match completion.
- Please state: Date of the match, teams playing, match result (2-1 or 2-0 or forfeited match)
- Teams reporting match result on time and with full information will receive a 3rd bonus win point.
- See schedule for score reporting script & procedure.