# City of Kelowna – Active Living & Culture Beach Volleyball COVID Safety Guidelines Updated Jun 11, 2021

City of Kelowna

#### **Illness Protocols**

- Do not come if:
  - You are ill, show any COVID symptoms (fever, chills, shortness of breath, fatigue, etc.) or are awaiting test results
    - If you have a positive test result, contact Public Health immediately so other user groups who were in close contact can be contacted
  - You have been around someone who is ill, presents COVID symptoms or is awaiting test results
  - You have been out of the country within the last 14 days
- If you begin to feel ill during the session:
  - Sick participants should wash/sanitizer their hands and self-isolate from the group. They will go straight home.
  - o If the participant is severely ill, call 911. Clean and disinfect any surfaces that the ill person was in contact with.

#### Modifications

- Games times are adjusted to allow for transitions and overcrowding:
  - o 5:45pm at City Park North, Middle, South, Gyro Beach 4, 6
  - o 7:15pm at City Park North-East, South-East, Gyro Beach 3, 5

### Personal Protection/Hygiene

- Avoid touching your eyes, nose or mouth
- Cover your mouth and nose with a tissue or into your elbow when coughing or sneezing
- Use hand sanitizer before, between and upon completion of games (to be brought by participants)
- Wash your hands often
- Be mindful of common surfaces and limit touch points

# Equipment

- Balls should be wiped with disinfectant before each game and set (to be brought by participants)
- Clean your equipment with an appropriate disinfectant afteruse
- Please come prepared to play to minimize the use of washrooms/change rooms
- Bring your own water bottle

# Spectators

Spectators are not to attend

Teams and or players who do not adhere to the protocols put forth by the league risk being removed

#### Arrival/Departure at the Courts

- Arrive no more than 15 minutes before scheduled game time
- There will be absolutely no congregating at parks, facilities or parking areas before or after your game
- Avoid touching gates, benches, and all other objects when possible
- Avoid entering the court until it is apparent that the previous team occupants have vacated
- Immediately upon the completion of the game, all members will leave the court area
- Collected all garbage/recycling and place it in the appropriate bin after the game

# Site Management

- Follow all onsite signage
- Stay within your court area during the game
- Do not hangout around the beach court area outside of your game time

#### Before the Game

• Ground rules shall be provided to team representative before the game (found at kelowna.ca/sports)

# Social Distancing During the Game

- Social distancing of two meters will be adhered to off the field of play
- There will be a no contact, "no handshakes, high fiving, etc."
- No close contact team huddles