

# 2019 Spring Wednesday Parkinson Rec. Centre Co-ed Volleyball Leagues



## High Recreational

<i>Team Name</i>	<i>Contact Person</i>	<i>Phone #</i>
1. Awesome Sets	Shane Milligan	250-870-6256
2. Consensual Sets	Kristy Hadgins	250-215-7232
3. Ogopegos	Brent Sawatzky	250-300-0663
4. Setting Ducks	Alex Hrywkiw	778-214-1713
5. Spike Tysons	Caitlin Emburi	250-718-6877
6. Wince and Cower	Valerie Wiebe	250-878-9749

*Teams must supply their own ball*

*League Schedules and Standings posted online at [www.kelowna.ca/recreation](http://www.kelowna.ca/recreation) Check standings frequently to ensure that game results are recorded and roster has been received.*

*Winning teams must report the match results to the PRC Volleyball Score Line  
250-469-8666 within 48 hours of match completion for the 3<sup>rd</sup> win point.*

*Report the result as follows:*

*The Night and League, Your Team Name and Number, The Team Name & Number You Beat, 2-0 or  
2-1*

*Drop-off Roster at the Sport Kelowna Office, Parkinson Rec. Centre, Fax @ 250-862-3327, or email to [sportsleagues@kelowna.ca](mailto:sportsleagues@kelowna.ca)*

## Schedule

<b>Date</b>	<b>Home</b>	<b>vs.</b>	<b>Visitor</b>	<b>Location</b>	<b>Time</b>
<b>Apr. 10</b>	<b>1</b>	<b>vs.</b>	<b>6</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>2</b>	<b>vs.</b>	<b>5</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>3</b>	<b>vs.</b>	<b>4</b>	<b>South Court</b>	<b>6:30pm</b>
<b>Apr. 17</b>	<b>2</b>	<b>vs.</b>	<b>3</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>6</b>	<b>vs.</b>	<b>4</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>1</b>	<b>vs.</b>	<b>5</b>	<b>South Court</b>	<b>6:30pm</b>
<b>Apr. 24</b>	<b>5</b>	<b>vs.</b>	<b>3</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>1</b>	<b>vs.</b>	<b>4</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>6</b>	<b>vs.</b>	<b>2</b>	<b>South Court</b>	<b>6:30pm</b>
<b>May 1</b>	<b>1</b>	<b>vs.</b>	<b>3</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>5</b>	<b>vs.</b>	<b>6</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>4</b>	<b>vs.</b>	<b>2</b>	<b>South Court</b>	<b>6:30pm</b>

<b>Date</b>	<b>Home</b>	<b>vs.</b>	<b>Visitor</b>	<b>Location</b>	<b>Time</b>
<b>May 8</b>	<b>1</b>	<b>vs.</b>	<b>2</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>3</b>	<b>vs.</b>	<b>6</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>4</b>	<b>vs.</b>	<b>5</b>	<b>South Court</b>	<b>6:30pm</b>
<b>May 15</b>	<b>1</b>	<b>vs.</b>	<b>6</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>2</b>	<b>vs.</b>	<b>5</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>3</b>	<b>vs.</b>	<b>4</b>	<b>South Court</b>	<b>6:30pm</b>
<b>Roster Due May 22 Drop off at Parkinson Rec. Centre, Sport Kelowna fax to 250-862-3327 or email to <a href="mailto:sportsleagues@kelowna.ca">sportsleagues@kelowna.ca</a> Teams not submitting a roster will be withdrawn from playoffs or placed in a non-prize playoff division.</b>					
<b>May 22</b>	<b>6</b>	<b>vs.</b>	<b>4</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>2</b>	<b>vs.</b>	<b>3</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>1</b>	<b>vs.</b>	<b>5</b>	<b>South Court</b>	<b>6:30pm</b>
<b>May 29</b>	<b>5</b>	<b>vs.</b>	<b>3</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>1</b>	<b>vs.</b>	<b>4</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>6</b>	<b>vs.</b>	<b>2</b>	<b>South Court</b>	<b>6:30pm</b>
<b>Jun. 5</b>	<b>4</b>	<b>vs.</b>	<b>2</b>	<b>North Court</b>	<b>6:30pm</b>
	<b>1</b>	<b>vs.</b>	<b>3</b>	<b>Middle Court</b>	<b>6:30pm</b>
	<b>5</b>	<b>vs.</b>	<b>6</b>	<b>South Court</b>	<b>6:30pm</b>
<b>Jun. 12 &amp; 19</b>		<b>Playoffs: Schedule will be posted online after 5:00pm, Monday, Jun. 10</b>			

# **City of Kelowna – Active Living & Culture**

## **INDOOR VOLLEYBALL**

### **RULES**

#### **OBJECT OF THE GAME**

To cause the ball to strike the ground on opponent's court or to cause an opponent to engage in faulty playing.

#### **NET HEIGHT**

Mixed competitive net height is at 2.43 metres.

#### **PLAYERS**

Minimum 5 players on the court at all times of which at least 2 must be female.

The game is forfeited if a team does not have the minimum player requirement by 10 minutes past the scheduled start time. New Rule: A team may pickup 1 player only from another team in the league to reach the minimum number of players required (5 players of which at least 2 must be female). The team must continue to play with 5 players throughout the match. If the team's regular rostered player shows up then he/she must take the place of the substitute player and the team must continue with the legal minimum 5 players. This is for league play only. Teams cannot pick up players from any other team during playoffs.

#### **SCORING**

Each match is the best 2 out of 3 games (time permitting). Once a team has won 2 games the match is over. Once a team has won 2 games and the match is over, any further games are for fun and not for points.

Scores will be posted on the volleyball bulletin board at the Parkinson Rec. Centre Gym.

Games go to 25 points. A two-point advantage is needed to win. The Rally-point scoring system will be used.

Best two-out-of-three games wins the match, or the one-hour limit, whichever comes first.

If the ball hits any part of the line, it is considered in and good.

Service zone is the full width of the court. A serve that hits the net, goes over, and lands in is considered good.

#### **FOULS AND ERRORS**

The penalty for a foul is a point scored for the opponent's or the loss of serve.

(1) More than three hits on one side.

(2) A player touching the net or stepping over the centre line.

**Please call this for your own team! (Center line infractions are the major cause of injuries on the court, please be aware of this hazard, particularly while blocking.)**

(3) A double hit (only one consecutive hit per person).

(4) Contacting the ball on the opponent's side of the net prior to their 3rd hit. (NOTE: A follow-through on a spike that started on the right side of the net is not considered a foul.)

(5) Server hits the ball out-of-bounds or into the net.

(6) Ball hits the roof or floor.

(7) Blocking or spiking a serve.

#### **CHARACTERISTICS OF THE HIT**

(1) The Ball may touch any part of the body.

(Comment: It is irrelevant whether the contact with a foot is accidental or intentional.)

(2) The Ball must be hit, not caught and/or thrown. It can rebound in any direction.

In general, a hit is simply an action where the ball rebounds off a contact point.

#### **REPLAY**

(1) There is interference (i.e. ball on court).

(2) If ball hits an object that is hanging down. ie: gym curtain.

(3) Both teams foul simultaneously.

(4) Injury to player.

#### **Reporting Results**

The winning team is responsible for reporting the match result to the Sport & Recreation Volleyball Score Line within 48 hours of the match completion. Call 250-469-8666 Report the result in the following order to receive 1 additional point:

**The Night and League**  
**Your Team Name and Number**  
**The Team Name & Number You Beat**  
**2-0 or 2-1**

**2019 Spring Wednesday Parkinson Rec. Centre**  
**Co-ed Volleyball Leagues**  
**Team Roster**

**Team:** \_\_\_\_\_

**Division:** \_\_\_\_\_

**1. (Contact):** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**2.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**3.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**4.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**5.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**6.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

The following rules will be strictly enforced for playoff reasons during the Indoor Volleyball season. Teams found in violation of any of these rules will be withdrawn from playoffs, or placed in a non-prizing playoff division.

1. Rosters can be faxed to 250-862-3327 or email to [sportsleagues@kelowna.ca](mailto:sportsleagues@kelowna.ca)
2. Only players on the roster are eligible for playoff action.
3. All players on the roster must have played a minimum of 3 league games
4. See schedule for roster due date.
5. Maximum amount of players on the roster is 10
6. Check online to confirm receipt of roster at [kelowna.ca/recreation](http://kelowna.ca/recreation) under "Sports Leagues" then "League Standings" Allow 2 business days for processing.
7. No roster changes after submission deadline (see schedule).

**There will be No Exceptions to the above rules.**