

# 2019 Spring Wednesday OKM High Competitive Co-ed Volleyball League



## OKM – Blue Gym:

Okanagan Mission Secondary School is located at 4544 Gordon Dr. Enter gym at the south entrance (to the left of the main entrance).

<i>Team Name</i>	<i>Contact Person</i>	<i>Phone #</i>
1. Hakuna Matata	Tommy Ip	250-460-2282
2. Two Bump Chumps	Richard Wong	250-808-8163
3. Shnks fr th Mmrs	Saqlain Ali	587-832-1343
4. Dive Hard	Xiaohu Zhang	250-303-2900
5. Panthers Spike Back	Scott Haslock	250-718-7689
6. Serving Pancakes	Shaun Commins	250-718-7052

*League Schedules and Standings posted online at [www.kelowna.ca/recreation](http://www.kelowna.ca/recreation) Check standings frequently to ensure that game results are recorded and roster has been received.*

*Winning teams must report the match results to the OKM Volleyball Score Line*

*250-469-8664 within 48 hours of match completion for the 3<sup>rd</sup> win point.*

*Report the result as follows:*

*The Night and League, Your Team Name and Number, The Team Name & Number You Beat,*

*2-0 or 2-1*

**Pickup Rule:** A team may pickup 1 player only from another team in the league to reach the minimum number of players required (5 players of which at least 2 must be female). The team must continue to play with 5 players throughout the match. If the team's regular rostered player shows up then he/she must take the place of the substitute player and the team must continue with the legal minimum 5 players. This is for league play only. There are no pick-up players allowed for playoff games.

## ***Very Important! Please read...***

1. Please do not bring children to the schools and leave them unattended.
2. Do not arrive more than 15 min. prior to your 6:30pm game time.
3. Teams must supply their own ball.
4. Teams are asked to assist staff in the set-up of the Volleyball equipment.

**All teams please note:**

**Teams will play a 10-match schedule will be played over 8 weeks. Teams will have **DOUBLE HEADER** nights.**

Date	Home	vs.	Visitor	Location	Time
Apr. 10	1	vs.	6	OKM – South Court	7:30pm
	2	vs.	5	OKM – North Court	6:30pm
	3	vs.	4	OKM – South Court	6:30pm
	2	vs.	4	OKM – North Court	7:30pm
Apr. 17	1	vs.	5	OKM – North Court	6:30pm
	6	vs.	4	OKM – South Court	6:30pm
	2	vs.	3	OKM – South Court	7:30pm
	6	vs.	5	OKM – North Court	7:30pm
Apr. 24	1	vs.	4	OKM – North Court	6:30pm
	5	vs.	3	OKM – North Court	7:30pm
	6	vs.	2	OKM – South Court	6:30pm
	1	vs.	2	OKM – South Court	7:30pm
May 1	1	vs.	3	OKM – North Court	6:30pm
	4	vs.	2	OKM – North Court	7:30pm
	5	vs.	6	OKM – South Court	6:30pm
May 8	1	vs.	2	OKM – North Court	6:30pm
	3	vs.	6	OKM – South Court	6:30pm
	4	vs.	5	OKM – North Court	7:30pm
	1	vs.	3	OKM – South Court	7:30pm
<b>Playoff Roster Due: May 15</b> See submission instructions on roster form (p. 4 of schedule package) Failure to submit roster by due date will result in removal from playoffs. Check online standings board to confirm roster has been received <input checked="" type="checkbox"/> . Allow 2 business days for update.					
May 15	1	vs.	6	OKM – South Court	7:30pm
	2	vs.	5	OKM – North Court	6:30pm
	3	vs.	4	OKM – South Court	6:30pm
	4	vs.	5	OKM – North Court	7:30pm
May 22	1	vs.	5	OKM – North Court	6:30pm
	2	vs.	3	OKM – North Court	7:30pm
	6	vs.	4	OKM – South Court	6:30pm
		vs.			
May 29	1	vs.	4	OKM – South Court	7:30pm
	5	vs.	3	OKM – North Court	6:30pm
	6	vs.	2	OKM – South Court	6:30pm
	6	vs.	3	OKM – North Court	7:30pm
June 5 & 12			Playoffs: Schedule will be posted online after 5:00pm, Monday June 3		

**City of Kelowna – Active Living & Culture**  
**INDOOR VOLLEYBALL**  
**RULES**

**OBJECT OF THE GAME**

- To cause the ball to strike the ground on opponent's court or to cause an opponent to engage in faulty playing.

**NET HEIGHT**

- Net height will be set at 2.43 meters (Sr. Boys)

**PLAYERS**

- Minimum 5 players on the court at all times of which at least 2 must be female.
- The match is forfeited if a team does not have the minimum player requirement by 10 minutes past the scheduled start time.
- Player Pick-up Rule: A team may pickup 1 player only from another team in the league to reach the minimum number of players required (5 players of which at least 2 must be female). The team must continue to play with 5 players throughout the match. If the team's regular rostered player shows up then he/she must take the place of the substitute player and the team must continue with the legal minimum 5 players. This is for league play only. Teams cannot pick up players from any other team during playoffs.

**SCORING**

- Each match is the best 2 out of 3 sets (time permitting – 1 hour time limit). Once a team has won 2 sets the match is over. Once a team has won 2 sets and the match is over, any further games are for fun and not for points.
- Match results are posted online at [www.kelowna.ca/recreation](http://www.kelowna.ca/recreation)
- Sets go to 25 points. A two-point advantage is needed to win. The Rally-point scoring system is used.
- If the ball hits any part of the line, it is considered in.
- Service zone is the full width of the court. A serve that hits the net, goes over, and lands in is considered good.

**FOULS AND ERRORS**

- More than three hits on one side.
- A player touching the net or stepping over the centre line.
- A double hit (only one consecutive hit per person).
- Contacting the ball on the opponent's side of the net prior to their 3rd hit. (NOTE: A follow-through on a spike that started on the right side of the net is not considered a foul.)
- Server hits the ball out-of-bounds or into the net.
- Ball hits the roof or floor.
- Blocking or spiking a serve.

**CHARACTERISTICS OF THE HIT**

- The Ball may touch any part of the body.
- The Ball must be hit, not caught and/or thrown. It can rebound in any direction.

**REPLAY**

- There is interference (i.e. ball on court).
- If ball hits an object that is hanging down. ie: gym curtain.
- Both teams foul simultaneously.
- Injury to player.

**Reporting Results**

- The winning team is responsible for reporting the match result to the **OKM Volleyball Score Line** within 48 hours of the match completion. Call **250-469-8664** Report the result in the following order to receive 1 additional point:

**The Night and League**  
**Your Team Name and Number**  
**The Team Name & Number You Beat**  
**2-0 or 2-1**

**2019 Spring Wednesday OKM High  
Competitive Co-ed Volleyball Leagues  
Team Roster**

**Team:** \_\_\_\_\_

**Contact:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**2.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**3.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**4.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**5.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**6.** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**(7)Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**(8)Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**(9)Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

**(10)Spare:** \_\_\_\_\_ **Ph:** \_\_\_\_\_

The following rules will be **strictly enforced** for playoff reasons during the Indoor Volleyball season. Teams found in violation of any of these rules will be withdrawn from playoffs, or placed in a **non-prizing playoff division**.

- 1. Rosters can be faxed to 250-862-3327 or email to [sportsleagues@kelowna.ca](mailto:sportsleagues@kelowna.ca) , or dropped off at Parkinson Rec. Centre or Sport Kelowna**
- 2. Only players on the roster are eligible for playoff action.**
- 3. All players on the roster must have played a minimum of 3 league games**
- 4. See schedule for roster due date.**
- 5. Maximum amount of players on the roster is 10**
- 6. No roster changes after the submission deadline (see schedule)**

There will be **No Exceptions** to the above rules.