

Kelowna on the Move

BIKE MAP

2023 Edition

We acknowledge that our community is located on the traditional, ancestral, unceded territory of the syilx/Okanagan people.

City of Kelowna



FOR AN INTERACTIVE MAP, VISIT  
kelowna.ca/activebynature

- All Ages & Abilities Network (outline)

Shared-use Pathway - Paved

Shared-use Pathway - Unpaved

Protected Bike Lane

Bike Lane - Both sides of road

Bike Lane - One side of road

Connecting or alternative route

Neighbourhood Cut-through Walkways

>

Small grade

>>

Moderate grade

>>>

Steep grade
- Public restroom

Mountain bike area

Transit exchange

Bike repair shop  
Flip over map for bike repair shop names and locations

Indoor free bike parking

Parks

Urban Centres

Locations of Interest

ROAD MARKINGS AND SIGNALS

- DEDICATED BIKE LANE**

Motor vehicles are not permitted to travel or stop in this lane unless making a right turn onto a cross street. Transit buses may stop in the lane at designated stops.
- SHARROW (SHARED ROADWAY)**

Indicates where people on bikes should generally position themselves while sharing the roadway with other users.
- BIKE SIGNAL**

Dedicated light signals for people on bikes, often accompanied by dedicated cyclist light activation buttons.
- CONFLICT PAINT**

Used to identify areas with potential conflicts with vehicles such as at street and laneway crossings or merging motor vehicles
- BIKE BOX**

Indicates where people on bikes may position themselves at a red signal, allowing them to turn left, right or go straight in advance of other vehicles.
- ELEPHANT FEET**

Indicates crossings where people on bikes are allowed to ride across a roadway without dismounting first.

Okanagan Lake

1 km = Biking for 3-4 minutes  
1 km = Walking for 14-16 minutes

0 1 km

Cedar Creek Dog Park

Quilchena Park

Lebaron Creek Linear Park

This map was prepared as a visual guide to city biking opportunities within the City of Kelowna. The City does not guarantee the accuracy of the information contained herein nor warrant the safety of any route. Conditions on routes, roads, and paths are subject to change and hazards arise from time to time. Routes, roads, and pathways are often shared with pedestrians, wildlife, cars and other types of vehicles. Bike alert, wear a helmet and be safe.

Scan for electronic map:



Symbol	Facility Type	AAA*	Description	
<div><div></div><div>outline</div></div>	<b>ALL AGES &amp; ABILITIES (AAA*)</b>	✓	Bike facilities on this map outlined with black borders meet the All Ages & Abilities (AAA) standard. AAA facilities provide safe and comfortable places to bike or roll for everyone, prioritizing those who may not feel comfortable biking on roads near cars such as children, seniors, and people with varying mobility needs. Steep hills can be challenging, so sections of shared-use pathways with grade symbols may still not be suitable for all ages and abilities.	<b>Example</b>
<div><div></div><div>packed gravel</div></div>	<b>SHARED-USE PATHWAY</b> paved	✓	Multi-use pathways are physically separated from motor vehicle traffic and can be used by many non-motorized users (people walking, biking, riding kick scooters etc). These can run parallel to a street, off-street, or as part of a linear park. Shared-use pathways can be paved or packed gravel.	
<div><div></div><div>Protected Bike Lane</div></div>	<b>PROTECTED BIKE LANE</b>	✓	On the street, but physically separated from motor vehicles and pedestrians using curbs, bollards, boulevards or parked cars. Dedicated for use of people biking and using other active modes (e.g. in-line skating, kick scooters, skateboarding). Protected bike lanes are either two-way or one way.	
<div><div></div><div>both sides of road</div><div></div><div>one side of road</div></div>	<b>BIKE LANE</b> both sides of road one side of road	✗	Painted lanes on streets designed specifically for bike travel. They run on the right side of the road usually beside the curb or parking. Because these lanes are not guaranteed to be separated from high traffic volumes and speeds they are not classified AAA.	
<div><div></div><div>Connecting or alternative route</div></div>	<b>CONNECTING OR ALTERNATIVE ROUTE</b>	✗	These are low traffic volume routes that connect to other AAA bike facilities listed above. They can also include routes that are more comfortable (low or no traffic volumes) compared to an alternative (e.g. Knox Mountain Dr as an alternative for Clifton Rd).	



# BIKING BY THE NUMBERS

2.5 %

2.5 per cent of British Columbians commute by bike.<sup>1</sup>

4 %

4 per cent of Kelowna residents commute primarily by bike.<sup>1</sup>

67 %

Choosing a bike over a car just once per day reduces the average person's transportation emissions by 67 per cent.<sup>2</sup>

1/10<sup>th</sup>

The ecological footprint of a cyclist is one tenth of a commuting driver.<sup>3</sup>

1/6<sup>th</sup>

The cost of riding a bike is about one sixth as expensive as driving.<sup>3</sup>

11 %

People who walk or bike to work reduce their risk of developing chronic disease by 11 per cent.<sup>3</sup>

150 min

Canadian Guidelines recommend all adults complete 150 minutes of moderate to vigorous physical activity every week to support physical and mental health. Only half of Canadians meet this target.<sup>4</sup>

48 %

A review of 55 scientific studies concluded that bike helmets, when worn properly, reduce head injury by 48 per cent and serious head injury by 60 per cent in the event of a fall or collision.<sup>5</sup>

50 %

About half of trips taken by residents in Kelowna's Core Area (mostly the parts of the city that are flat and urbanized) are less than 10 minutes long and ideal for biking.<sup>6</sup>

56

Kelowna's bike score is 56 out of 100, and one of the most bikeable cities in Canada for its size.<sup>7</sup>

400 km

With around 400 kilometres of bike lanes, 60 km of which are separated from traffic, Kelowna has one of the most extensive bike networks in Canada for a city its size. This means you can pedal around the city for days.



Sources: <sup>1</sup> Statistics Canada 2021 Census <sup>2</sup> The climate change mitigation effects of daily active travel in cities. Brand C. et al. Transportation Research Part D: Transport & Environment, 2021 <sup>3</sup> National Active Transportation Strategy <sup>4</sup> 24-Hour Movement Guidelines <sup>5</sup> Bicycle helmets - To wear or not to wear? A meta-analysis of the effects of bicycle helmets on injuries. Høye A. Accident Analysis & Prevention, 2018 <sup>6</sup> Kelowna's 2040 Transportation Master Plan <sup>7</sup> www.walkscore.com

Kelowna On the Move

Bike Map

2023 Edition

GENERAL BIKE RESOURCES

- BC Cycling Coalition Bike Sense Guide [bccycling.ca/bikesense](https://bccycling.ca/bikesense)
- Kelowna Area Cycling Coalition [kelownacycling.org](https://kelownacycling.org)
- Tourism Kelowna [tourismkelowna.com/biking](https://tourismkelowna.com/biking)
- GoByBike BC [gobybikebc.ca](https://gobybikebc.ca)  
Sign up for GoByBike, ride anywhere you go during annual events, and log your rides to win prizes.
- BikeMaps.org [bikemaps.org](https://bikemaps.org)  
A crowdsourced tool for global mapping of biking safety. Anyone can add data on bike crashes, near-misses, hazards, and thefts.
- CAN-BIKE [canbikecanada.ca](https://canbikecanada.ca)  
A series of progression courses taught on all aspects of cycling, to ride safely, effectively, and enjoyably on the road.



## BIKES ON TRANSIT

Combining biking with transit is a great way to travel further and provides an alternative travel option when there are sudden changes in the weather.

- Kelowna Regional Transit buses are equipped with easy to use bike racks that carry two bikes.
- Most bikes can be accommodated including e-bikes weighing less than 25 kg (55 lbs) with battery pack removed.
- Before your bus arrives, ensure you remove any of your bike accessories that may restrict bus driver vision.
- Electric scooters are not permitted on bus racks or onboard. Folding bikes in a carrying case may be brought on.
- Bus bike racks may be used at any time of the day except on smaller community buses, which can be used during daylight only.
- [bctransit.com/Kelowna/riderinfo/bike-racks-and-lockers](https://bctransit.com/Kelowna/riderinfo/bike-racks-and-lockers)



Photo credit: Marina Bryan

## BIKE REPAIR SHOPS

- A

**Bikeways Used Bike Shop**  
1216 St Paul St · (250) 762-4915
- B

**ChainLine Cycle - Bike Shop**  
1139 Ellis St · (250) 860-1968
- C

**Cyclepath Kelowna**  
2169 Springfield Rd · (250) 868-0122
- D

**Fresh Air Kelowna – Pandosy**  
555 Groves Ave · (250) 763-3425
- E

**Fresh Air Kelowna – Dilworth**  
1656 Dilworth Dr · (250) 763-9544
- F

**Full Charge Cycles**  
540 Groves Ave #102 · (236) 420-4322
- G

**Kelowna Cycle**  
2949 Pandosy St #103 · (250) 762-2453
- H

**Kelowna E-Kruise**  
1195 Richter St #103 · (778) 940-6348
- I

**Kelowna E Ride**  
901 Ellis St · (250) 717-7124
- J

**MEC**  
1876 Cooper Rd # 100 · (250) 448-7637
- K

**Shred Shed**  
Rutland · (250)-300-3428
- L

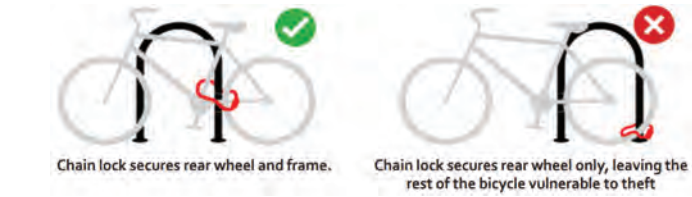
**The HUB**  
1461 Sutherland Avenue · (778) 484-7433
- M

**The Lions Cyclery**  
1276 Ellis St · (778) 484-1295
- N

**Vintage Iron E-Cycles Okanagan**  
134 1735 Dolphin Ave #134 · (250) 717-0522

## BIKE PARKING & SECURITY

- LOCK UP RIGHT**
- Find a secure location** like a bike room, garage or locker. If there isn't one, lock in a visible (and ideally busy) location.
  - Lock based on value:** the main frame first, then back wheel and front wheel to a proper bike rack (not just a pole or fence).
  - Use high-quality locks:** hardened steel U-locks, heavy chains or folding bikes are more difficult to cut than cable locks.
  - Remove** detachable items (batteries, lights, bags, seats).
  - Confirm** that your lock is secure before leaving.
  - Keep bikes locked up at all times**, even on your property.



**LOAN-A-LOCK PROGRAM**  
Forgot a lock? Borrow one for free from the Kelowna Visitor Centre downtown or Parkinson Recreation Centre front desk.

**RENTAL LOCKERS**  
Select lockers in the downtown and Pandosy areas can be rented monthly. [kelownaparking@kelowna.ca](mailto:kelownaparking@kelowna.ca) · 250-862-8585

**BIKE RACK PROGRAM**  
The City will cover half the cost to purchase and install quality bike racks at qualifying businesses and buildings. [www.smarttrips.ca/programs/kelowna-bicycle-rack-program](https://www.smarttrips.ca/programs/kelowna-bicycle-rack-program)

**PROJECT529**  
Register your bike for free and make it easier to report and reclaim should it go missing. [project529.com/garage](https://project529.com/garage)

## SHARED E-BIKES & E-SCOOTERS

Flexible, affordable and accessible mobility options help achieve our City's sustainable transportation goals and build on a culture of active living.

Kelowna is participating in a provincial pilot project that allows e-scooters to be legally ridden under the same rules as bikes and e-bikes. The City issues permits to micromobility companies to operate.

E-bikes and e-scooters are available for rent throughout the city during part of the year. These fleets are dockless, or stationless, which means you don't need to end your trip at a pre-set location. These devices can be rented through a mobile app and used for one-way trips by residents and visitors alike.

The City closely monitors the program and makes adjustments as appropriate to support community safety and well-being.

## BIKE SAFETY, RULES & ETIQUETTE

**PLAN & PREPARE**

- Keep your bike in good working order:  
ABC - Air in tires, Brake check, Chain clean and lubricated.
- Wear a helmet and ensure kids do too.
- Plan your route in advance. Try several routes to find one that feels best. Allow extra time on unfamiliar routes.
- Shift your route and lower speed in wet or dark conditions.

**LOOK. BE SEEN. BE HEARD.**

- Keep alert. Always scan ahead and shoulder check.
- Consider outfitting your bike or helmet with a mirror.
- Be seen day and night (lights, reflectors, bright colours).
- Be heard (bells and voice).

To learn more about bike safety: [bikesense.bc.ca](https://bikesense.bc.ca)

**RIDE DEFENSIVELY & PREDICTABLY**

- You are more vulnerable as a cyclist. Be prepared for unpredictable moves of other road and path users.
- Use caution at intersections where most collisions occur.
- Avoid riding beside or passing big vehicles.
- Be aware of car doors opening.
- Ride at least one metre from the curb to avoid hazards.
- Ride in a straight line. Do not ride in and out of parked cars.
- Only pass where there is space.

**PATHWAY ETIQUETTE**

Kelowna is fortunate to have many long linear shared-use paths, most notably the Okanagan Rail Trail and the Mission Creek Greenway. Follow this etiquette to keep the paths safe and enjoyable for all.

- Sharing is caring.** Paths marked as shared-use are used for walking, running, and rolling by people of all ages and abilities. Be respectful and courteous. Listen. Look. Keep dogs on leash. Scoop the poop. Stash the trash.
- Keep right.** Be seen, heard and predictable.
- Pass left.** Signal with a bell or your voice to pass. Slow down and keep distance (one metre) from those travelling slower.
- Standing still? Stand aside.** Don't block the path when you can help it.

**RULES OF THE ROAD**

When designated bike or shared-use paths are not available, you may need to share the road. By law, cyclists have the same rights and duties as a motor vehicle driver. \*

- Follow rules of the road including traffic signs and signals.
- Yield to people walking and to buses.
- Don't ride on sidewalks (it's illegal, except for those under 12 years of age and where permitted by signs).
- Shoulder check, and make your move only when safe.
- Use hand signs to signal all turns and stops.

Right turn

Altimeter right turn

Left turn

Slowing down

Stopped

Image Credit: BC Cycling Coalition

## MOUNTAIN BIKE & REGIONAL TRAILS

In addition to urban biking, the Kelowna area hosts amazing recreational and mountain bike trails, most of which are found in Knox Mountain and Myra-Bellevue Provincial Park.

**Regional District of Central Okanagan** [rdco.com](https://rdco.com)  
2,100 hectares of parkland in 30 regional parks, including over 86 kilometres of designated trails and ten parks with lake access.

**Okanagan Rail Trail (ORT)** [okanaganrailtrail.ca](https://okanaganrailtrail.ca)  
The ORT was created by converting a decommissioned railway track into a shared-use pathway. The majority of the trail opened in 2018 - including ~14 kilometres of trail in Kelowna city limits from downtown to the airport. Once completed, the trail will span 50 kilometres from Coldstream to Kelowna's downtown.

**Mountain Biking BC**  
[mountainbikingbc.ca/thompson-okanagan/kelowna](https://mountainbikingbc.ca/thompson-okanagan/kelowna)

**Mountain Bikers of Central Okanagan**  
[mtbco.ca](https://mtbco.ca)

Knox Mountain Trail. Photo credit: Benjamin Walker Photography

Kelowna's Pedestrian and Bicycle Master Plan, On the Move, identifies infrastructure, planning and policy initiatives that promote and facilitate walking and biking throughout the community to ensure these active modes are safe, convenient and enjoyable to travel through and experience our community.

The City of Kelowna's Transportation Master Plan aims to quadruple the number of trips taken by bike between 2018 and 2040 to optimize transportation systems and urban living.

[kelowna.ca/our-community/planning-projects/2040-transportation-master-plan](https://kelowna.ca/our-community/planning-projects/2040-transportation-master-plan).

To report a biking or pedestrian facility that requires maintenance, submit a request to the City online at [kelowna.ca/servicerequests](https://kelowna.ca/servicerequests) or call 250-469-8500.