

# Central City Concern

Providing pathways to self-sufficiency through active intervention in poverty and homelessness

# About CCC

- Formed in 1979
- Operates continuum of affordable housing integrated with healthcare, addictions treatment, recovery support, and employment services
- Over 15,000 low-income and homeless individuals access services annually



8NW8



Residents in the community room

# The Continuum of Care

Affordable Permanent  
& Transitional Housing

Primary, Behavioral and  
Complementary Medical Care

## Homelessness

Addictions  
Mental Illness  
Chronic Health  
Trauma  
Uninsured  
Unemployment  
Criminality

Employment Services /  
Business Enterprises

Outpatient & Residential  
A&D Treatment

# CCC – Housing

- 21 residential buildings with 1,268 units
  - 161 under renovation; 200 under development
  - 934 (71%) are Alcohol and Drug Free Community (ADFC) housing
    - 93 ADFC family units
    - 841 Single Room Occupancy (SRO) ADFC units
  - 375 non ADFC SRO units



The Estate



Proposed redesign

# 8NW8



Photo Courtesy of Michael Mathers

The 8NW8 building

- 8NW8 – the basics
  - ❖ Completed – 10/04
  - ❖ Construction cost – \$18,000,000
  - ❖ 60 permanent studios
  - ❖ 120 transitional units
  - ❖ All units are alcohol and drug free
  - ❖ Targeted to addicts and alcoholics in early recovery

# CCC – Housing for families

- 93 units of supportive ADFC housing for families:
  - Alpha Apartments
  - Cambridge Court
  - Interstate Crossing
  - Longbourn House
  - Sunrise Place
  - Taggart Manor
- Units are part of the FAN network, a collaborative of community partners



Sunrise Place

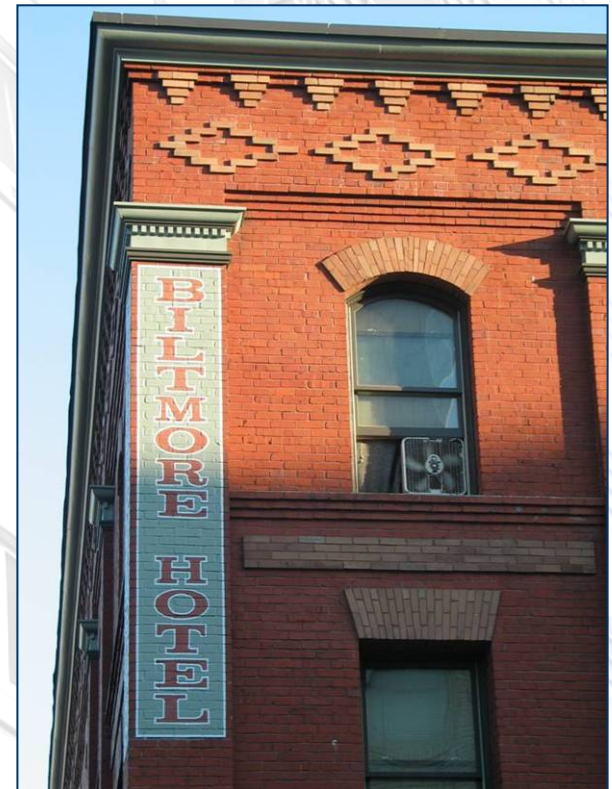


Sunrise interior w/ residents

Photos by Michael Mathers

# Supportive Housing Services

- Resident support services to help clients maintain housing stability and engage in other aspects of self-sufficiency:
  - Conflict resolution
  - Eviction prevention
  - Mediation
  - Recovery support
  - Access to healthcare
  - Employment support
  - Advocacy



Located in the Biltmore

# Healthcare & Recovery Services

- CCC Recovery Center
  - Recovery Mentor Program
- Community Engagement Program (CEP)
  - Family Latino Outreach and Addictions Treatment
  - Housing Rapid Response
- The Hooper Detox Center
- The Letty Owings Center
- The Old Town Clinic (OTC)
  - Recuperation Care Program

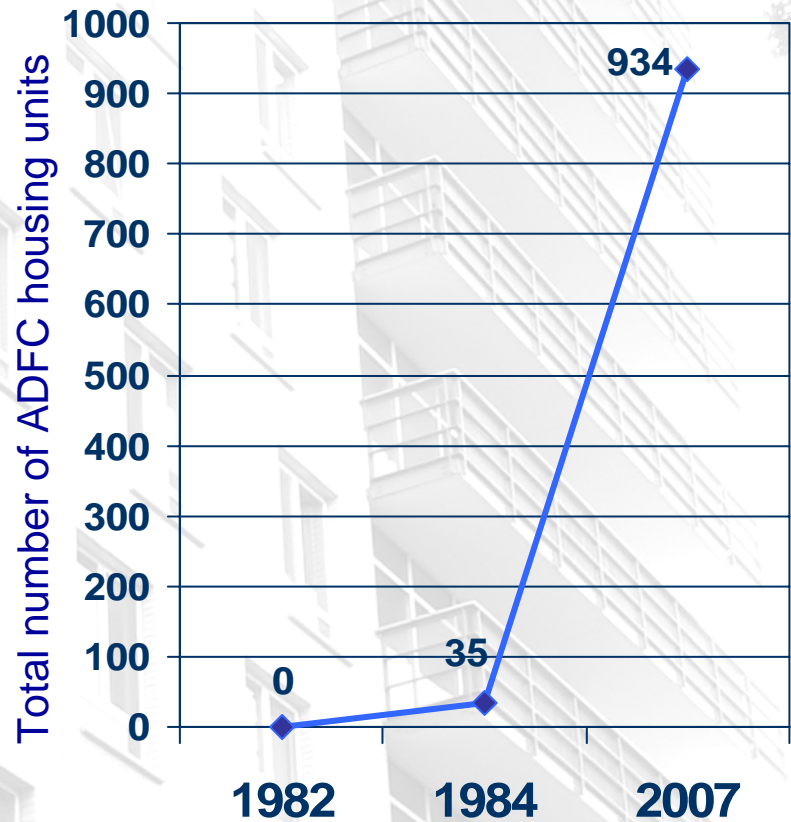
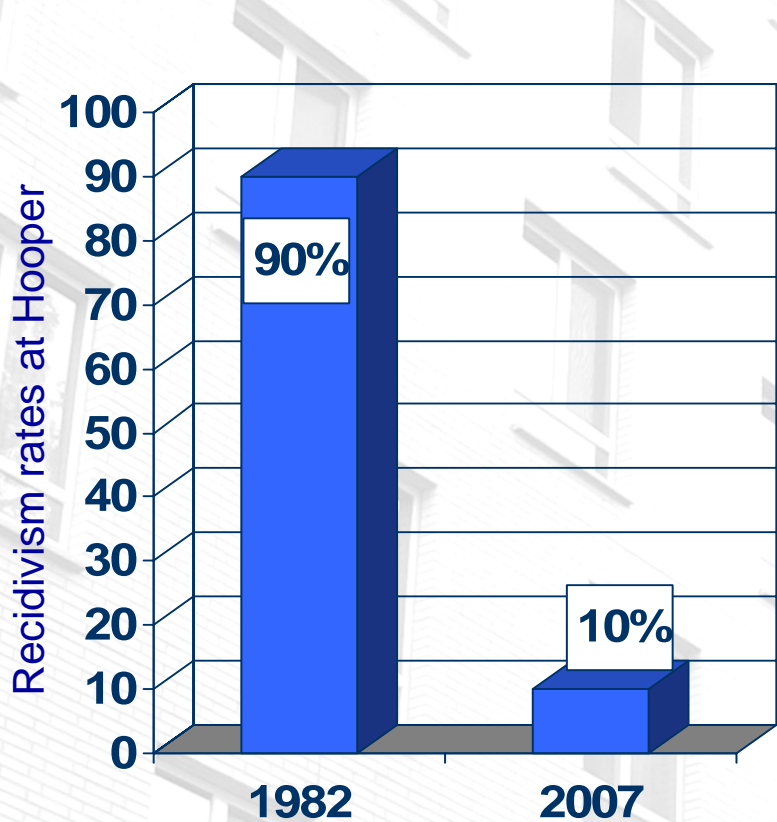
# The Hooper Center

- CHIERS van - outreach
- Sobering Station
- Subacute medically-monitored detox services
- Outcomes:
  - Sobering services provided to over 13,000 people last year
  - CHIERS van picks up over 200 individuals each month
  - 2,500+ admissions to detox each year



Hooper admissions staff (top) and CHIERS van (bottom)

# Hooper Center impact



The decrease in recidivism at Hooper can be linked to an increase in availability of ADFC housing

# CCC Recovery Center

- Outpatient drug and alcohol treatment program
- One of first treatment centers on west coast to incorporate acupuncture
- Operates the Recovery Mentor Program
- Almost 1,000 individuals accessed services in last calendar year

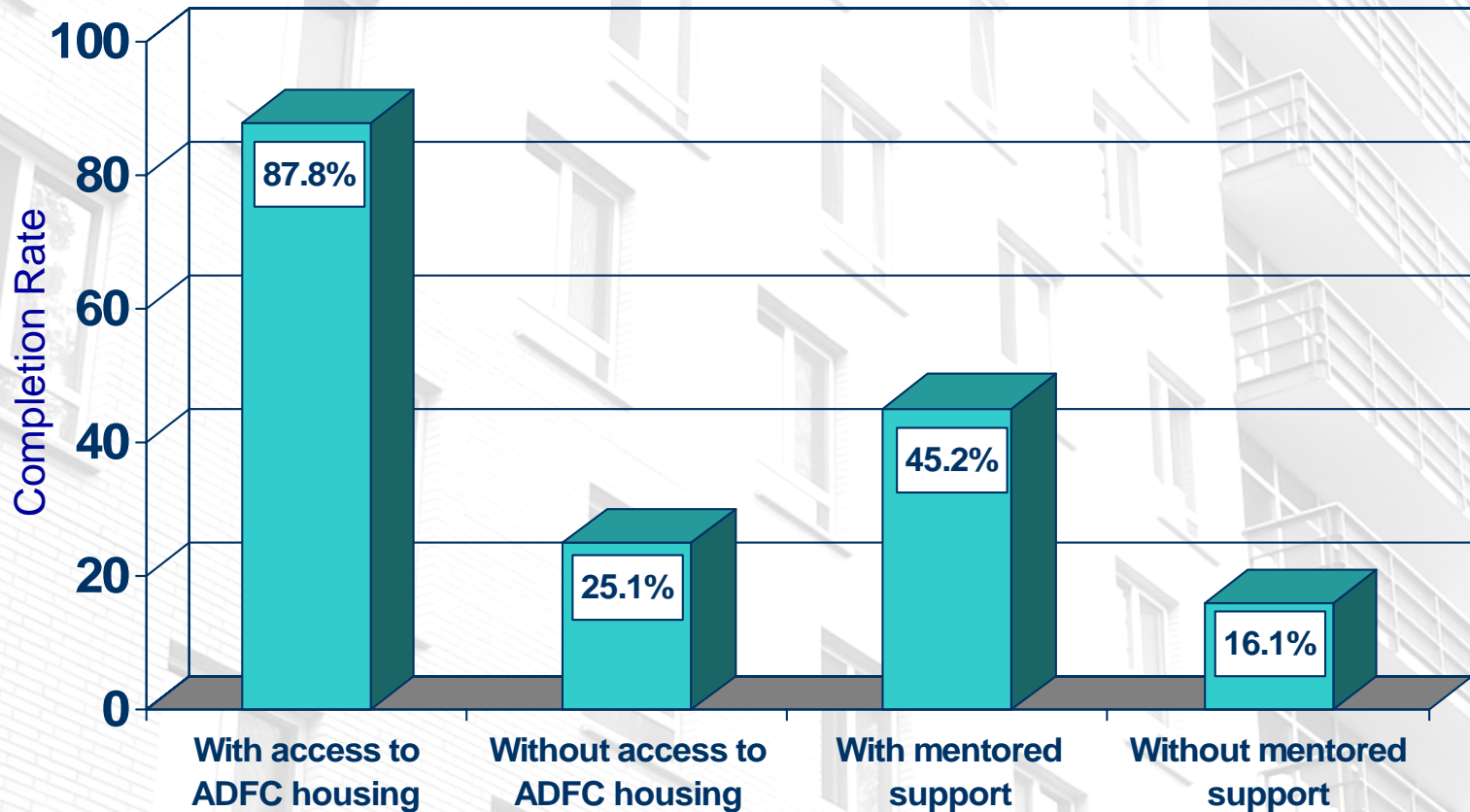


Located in  
the Hatfield



Client receiving acupuncture

# CCC Recovery Center Studies



# Community Engagement Program

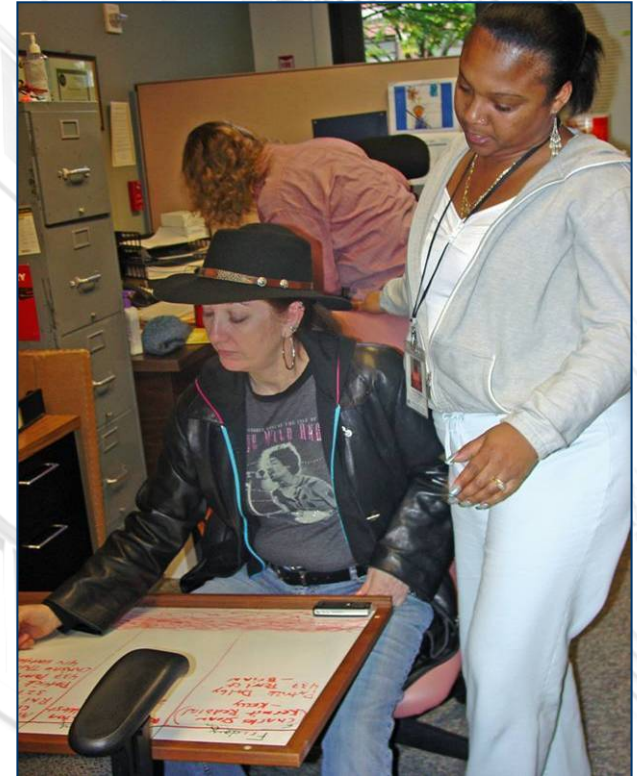
- Targets chronically homeless with addictive disorders and/or mental health issues
- Funded by:
  - Multnomah County
  - Housing and Urban Development
  - Veterans Administration
  - Health Resources & Service Admin.
  - Department of Labor
- “Housing First” model plus intensive case management
  - Engages clients through outreach on the streets
  - Services provided where they live (ACT model)



The Hotel Alder (35 CEP units)  
and CEP staff (inset)

# Community Engagement Program

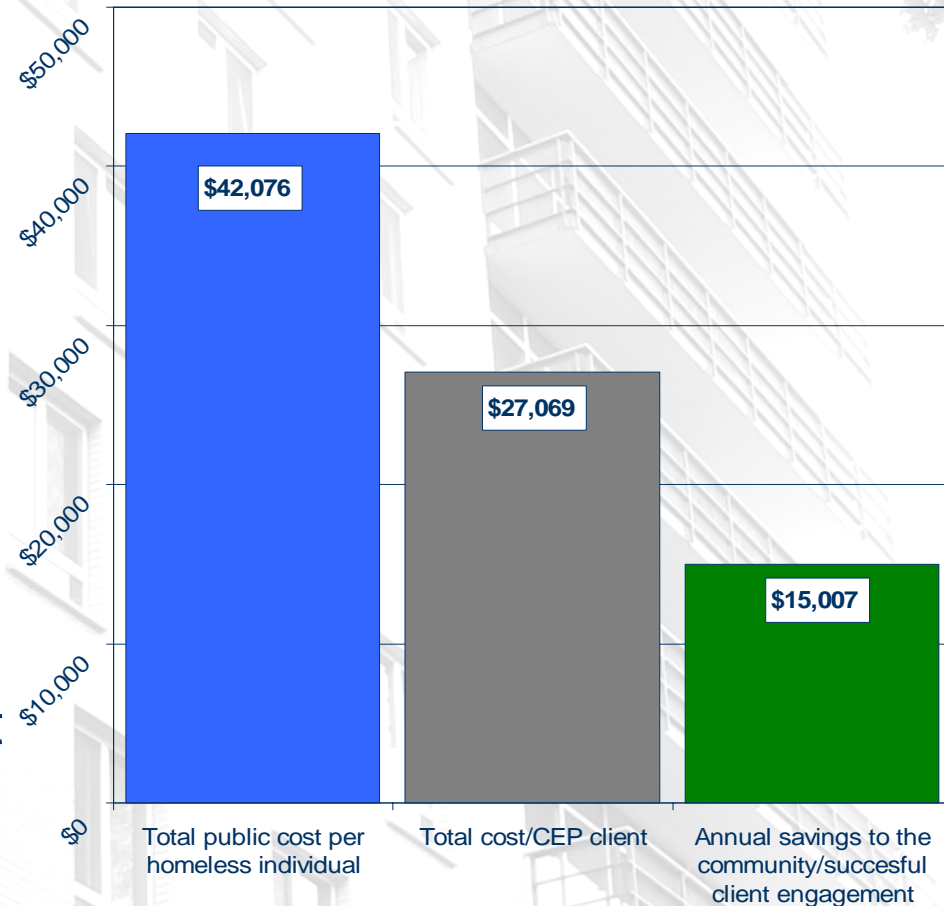
- Access to 275 housing units
  - Utilizes Section 8, Shelter Plus Care, Multnomah County rent assistance
- Residents living in 17 different zip codes
- Retention rate of over 80% after three years



CEP staff

# CEP cost-benefits evaluation

- 35% reduction in hospital/criminal justice costs
- Annual cost savings of \$15,000 per client
- Savings to community of \$4.4 million/year
  - based on current panel of 293 clients
- Estimated cost to community per year w/out CEP: \$12.3 million



# Housing Rapid Response

- A program of CEP
- Immediate access to housing and case management
- Targets criminal justice “frequent flyers”
- Works with Portland Police, Bureau of Housing and Community Development, and the Portland Business Alliance



HRR staff

# Housing Rapid Response

- Housing First model
- Police refer directly to case managers; clients immediately placed in housing
- Outcomes (since 10/06):
  - 118 clients engaged
  - 27 permanently housed
  - 30 stabilized in transitional housing
  - 59% decrease in client arrests after HRR involvement



HRR clients housed at the Rich Building

# FLOAT

- The Family Latino Outreach and Addictions Treatment program
- Operated by CEP in partnership with Catholic Charities' El Programa Hispano
- Culturally competent mental health and addictions treatment for non-English speaking families
- Outcomes (10/05 to present):
  - 65 individuals referred into housing
  - 67 referred for primary healthcare
  - 42 receiving A&D treatment
  - 38 receiving Mental Health services
  - 19 receiving MH/A&D intensive services



FLOAT staff

# The Letty Owings Center

- Residential drug and alcohol treatment for pregnant or newly parenting mothers
- Opened in 1989; CCC assumed management in 1997
- Since inception, 1,092 families served and 190 babies born drug free



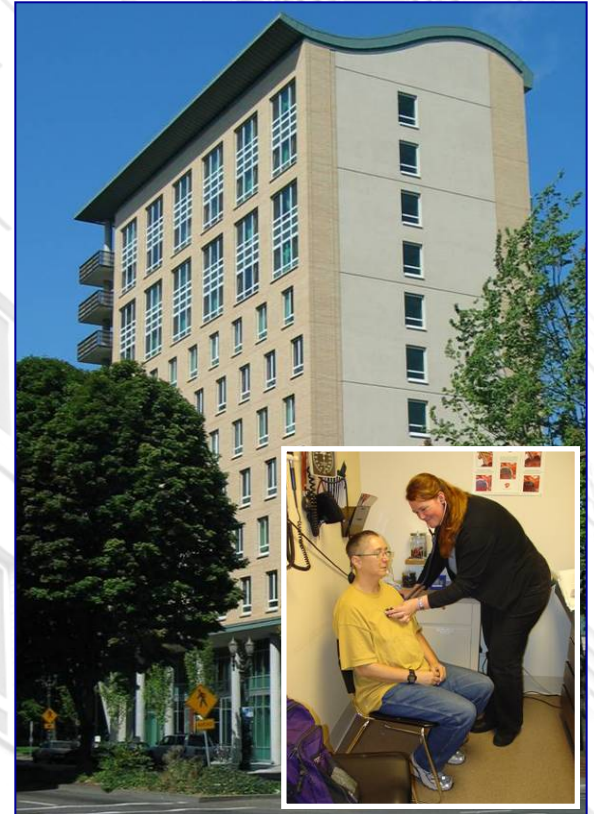
LOC



LOC residents

# Old Town Clinic

- Medical and psychiatric care to homeless and low-income clients
- Opened in 1983; CCC assumed management in 2001
- Federally Qualified Health Center
- Member of the Coalition of Community Health Clinics
- Over 7,000 patients



8NW8, and Old Town Clinic staff and client (inset)

# Recuperation Care Program

- Operated by OTC
- Provides stable housing, case management and medical care for homeless patients post-hospitalization
- Contracts with local hospital systems, lowering their costs
- 14 beds
- Has served 116 clients since inception (07/06)



Located in the Henry



RCP staff

# Employment Services

- WorkSource job resource center features employment support services specifically for homeless and low income clients
  - Open to the public
- Over a dozen on- and off-site partners
- Specialized programs for homeless veterans and individuals on parole or probation
- Outcomes (07/06 to present):
  - 1,012 new clients
  - 369 accessed intensive services
  - 267 placed in employment w/ average starting wage of \$12.81



Located in the Shoreline



WorkSource staff

# Business Enterprises

- Five businesses provide training to formerly homeless clients and generate revenues for the agency:
  - Clean and Safe
  - Central City Janitorial
  - Central City Maintenance
  - Central City Painting
  - Second Chance Furniture Liquidators
- Employs over 80 formerly homeless people

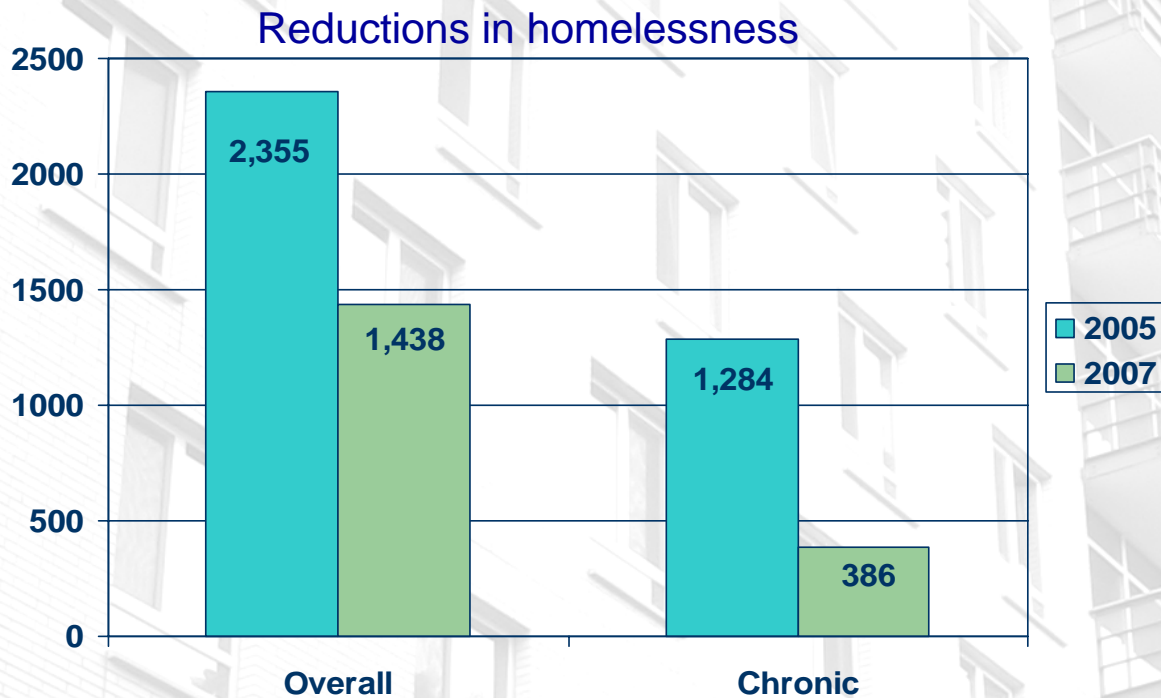


Clean and Safe crew



Second Chance

# Results of the 10 Year Plan



- In just two years, the 10 Year Plan:
  - Decreased the total number of homeless by 39%
  - Reduced the total number of chronically homeless by 70%