

# Bike to Work week

May 30 - June 3, 2011

Get on your  
bike!

## Car vs. Bike Challenge - Monday May 30, 2011

*Join elected officials, media personalities and local residents for the Bicycle vs. Car Challenge!*

The purpose of the Bicycle vs. Car Challenge is to demonstrate the impacts of both modes of transportation relative to their efficiency, cost, time, health benefits and environmental impacts through friendly competition. Choose between two categories: "Competitive or Recreational". Upon completion of the challenge, the Commuter King/Queen will be crowned; prizes awarded... and enjoy a breakfast wrap served by The Bike Shop Cafe for all participants!

### Event Details

Location: Parkinson Recreation Center at the new Dayton Street Pedestrian/Bike Overpass  
Time: 8 a.m. Start (show up by 7:45 a.m.)  
Date: Monday, May 30th 2011

RSVP by Thursday May 26, by contacting The Kelowna and Area Cycling Coalition RSVPs at [ridebike@okanagan.net](mailto:ridebike@okanagan.net) or by calling 250 979-0009.

### Cyclist Route Information

The starting point will be at the Parkinson Recreation Centre south parking lot, by the Rapid Bus station and Angel Way trailhead.

All Cyclists, including competitive, recreational/casual and new riders, route:

- East then north on Angel Way multi-use trail to Rails with Trails pathway
- Left onto Rails with Trails pathway heading west to Gordon Dr.
- South on Gordon Dr to Cawston Avenue multi use pathway. (or via Coronation to Graham to Cawston)
- West along the Cawston Avenue multi-use pathway to the Rotary Center for the Arts (downtown)
- Park you bike and finish!

### On Course Safety/Support

City of Kelowna staff will be on hand at the course start point. At specific crossings, course marshals will guide cyclists and assist in safe crossing.

Please do not take unnecessary risks at crossings and follow the rules of the road. It is up to you to not endanger yourself/others.

### Vehicle Route Information

- Start point at Parkinson Recreation Centre south parking lot, by the Rapid Bus station and Angel Way trailhead
- Head east out of lot on Parkinson Way to Spall Road
- Turn left heading north on Spall Road to Clement Avenue
- Turn left onto Clement Avenue and head west to Ellis Street
- Turn left on Ellis Street heading south to Cawston Avenue
- Turn right onto Cawston Avenue heading west and park in the Prospera Place south parking lot across from the Rotary Center for the Arts
- Run to the finish line (be sure to cross at the crosswalk safely)!

Remember, no speeding! All the rules of the road apply... and be sure to watch for cyclists on all corridors.