

GET ACTIVE. BE HEALTHY. PROTECT THE REGION YOU LOVE.

Bike to Work Week May 10 - 16. Commuter Challenge May 31 - June 5.



Bike to Faith Week (May 10-16)

April 1, 2010



Dear Parishioners,

To join in on the fun of Bike to Work and Bike to School Week (BTWW and BTSW), we cordially invite your congregation to celebration Bike to Faith Week! In 2008, the Central Okanagan was the first in the province to host Bike to School Week and in 2009 we were the first to include Bike to Faith Week!

How you can participate:

- Have your staff form their very own BTWW Team by registering online at
- www.i-go.ca (Bike to Work Week/Team Leader Hub/REGISTER HERE)
- Attend our team leader workshop April 21, 5-7 at the Kelowna Library.
- Host a Bike to Faith Day during the week of May 10-16, 2010
- Have a celebration station serving refreshments for participating cyclists and families and draws for prizes.
- Have your service outside, bikes, helmets and all!
- Challenge another parish to see who can come up with the most riders.
- Example: At Mission Creek Alliance Church, Youth Pastor Terry Dyck, along with a team of volunteers, promoted the benefits of cycling and gave a short promo to their congregation two Sundays prior.

*If you register a team, we will give you a team leader package, prize package and a Bike to Work Week long sleeved t-shirt at our team leader workshop. This will help you get the message to the rest of your team and parish members and have prizes available to reward those who participate during Bike to Faith Week.

Please let me know if you are interested in participating or if you have any questions.

Sincerely,

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